

Shannon Pohl Badminton Academy Fall Session

Adversity Volleyball Club
710 Corporate Woods Parkway • Vernon Hills, IL • 847-722-8857

2018-2019 Badminton Events:

November 3-4
2018 Open Local Championships (OLC)
(10% Jr. Ranking Points)
Schaumburg, Illinois
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

Date TBD
2018 Parent/Child Tournament

(all ages tournament)
SPBA, Vernon Hills, Illinois
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

January 12-13
2019 MW Closed
Regional Championships
(40% Jr. Ranking Points)
Naperville, Illinois
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

TRAVEL TOURNAMENT:
January 19-21
2019 South Open
Regional Championships
(40% Jr. Ranking Points)
Orlando, Florida
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

TRAVEL TOURNAMENT:
February 16-18
2019 NW Open
Regional Championships
(40% Jr. Ranking Points)
Seattle, WA
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

February 23-24
2019 Open Local Championships (OLC)
(10% Jr. Ranking Points)
Schaumburg, Illinois
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

May 25-27
2019 SPBA MW Open Regional
Championships
(40% Jr. Ranking Points)
SPBA, Vernon Hills, Illinois
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

TRAVEL TOURNAMENT:
June / July (Dates TBD)
2019 Junior Nationals
(100% Jr. Ranking Points)
Location TBD
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

Summer 2019
North Shore Open
(all ages tournament)
SPBA, Vernon Hills, Illinois
Entry deadline TBD
www.teamusa.org/USA-Badminton/Events/

The SPBA is hiring!

OPEN GYM ASSISTANT: The SPBA is looking to hire players to run the open gyms! Employees will be responsible for supervising the open gym, setting up and taking down nets, collecting money from participants, selling equipment, and office work from time to time. Of course it is a great opportunity to practice your badminton game! Employees should be CPR & AED Certified. Shannon can help you get certified if you are not. Players can earn pay or discounts off their lessons. Must be 16 years of age or older. If interested and available at any of the open gym times, please contact Shannon at badminton@shannonpohl.com.

Open Gym:

\$5 per day for member and non-members.

Sundays 4:30-6:30 p.m., 6:30-9:30 p.m.

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18

Mondays 7:30-9:30 p.m.

8/27, 9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19

Tuesdays 7:30-9:30 p.m.

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20

Wednesdays 7:30-9:30 p.m.

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Open Gym 10/31 Halloween**, 11/7, 11/14, 11/21

Thursdays 7:30-9:30 p.m.

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, **No Open Gym 11/22 Thanksgiving**

Fridays 7:30-9:30 p.m.

8/31, 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16

Saturdays 4:00-6:00 p.m., 6:00-8:00 p.m.

9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17

Introducing our new coach, Andres Corpancho!

Andres is an 8 times Peruvian National Champion. He has won national titles in all events: Men's Singles, Men's Doubles, and Mixed Doubles, and even won the triple crown twice, an extraordinary accomplishment in badminton. He's beaten top 20 players in the world in men's singles and he was ranked 35 in the world in Mixed doubles. He also has an extensive international coaching background working with national players from Brazil, Mexico, and Ecuador and two of his students won the Pan American Games in women's doubles and one of his students even qualified for the Olympics in singles! We are thrilled he will be joining our team at the Shannon Pohl Badminton Academy going forward! He'll be covering Shannon completely during all Fall classes while she is on maternity leave, and then they will both be available for coaching in the winter session and beyond.

Private Lessons & Group Classes

Membership to the Shannon Pohl Badminton Academy is required for class participation. Annual Membership for 2018 is \$40, including a t-shirt and free coaching at select local tournaments. New members will also get a SPBA water bottle!

****Please read the registration and cancelation policy on the last page of this document.****

Badminton Fitness Class (Great to combine with any age or level classes)

Located at Vernon Hills Athletic Complex (VHAC) Track/Football Field. Rain-outs at Adversity. We will run together to VHAC through the baseball fields from Adversity. We will focus on specific badminton fitness training--running (largest focus), intervals, jumping, plyometrics, and footwork to build speed, strength, and cardiovascular fitness. Bring lots of water and hand towel to class. Running shoes and watch required.

Class Fee: \$240 (24 classes) + 2018 SPBA membership fee of \$40 for new members.

**Participation in badminton fitness class twice a week is strongly recommended for optimal improvement in fitness level.

Monday 7:00-8:00 p.m. (12 classes) \$120

8/27, **No Class 9/3 Labor Day**, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (Pre-Registration Day), 11/19

Wednesdays 7:00-8:00 p.m. (12 classes) \$120

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31 Halloween**, 11/7, 11/14 (Pre-Registration Day), 11/21

Beginner Class Younger (Ages 6-10) (grade school players) (5-9 players) (one hour) Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members.

**Players can register for class 1-4 times a week. Sign up for multiple times a week for optimal improvement!

SPECIAL BEGINNER YOUNGER CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$20 discount (1 free class)

If an individual student signs up for this class three times a week, get a \$40 discount (2 free classes)

If an individual student signs up for this class four times a week, get a \$60 discount (3 free classes)

BEGINNER YOUNGER CLASS AGES 6-10

Sundays 3:00-4:00 p.m. (ages 6-10) (12 classes) \$240

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**, 11/11 (Pre-Registration Day), 11/18

Monday 4:30-5:30 p.m. (ages 6-10) (12 classes) \$240

8/27, **No Class 9/3 Labor Day**, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (Pre-Registration Day), 11/19

Tuesdays 6:30-7:30 p.m. (ages 6-10) (13 classes) \$260

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13 (Pre-Registration Day), 11/20

Thursdays 5:30-6:30 p.m. (ages 6-10) (12 classes) \$240

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8 (Pre-Registration Day), 11/15

Fridays 6:00-7:00 p.m. (12 classes) \$240

8/31, 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16

Beginner Class Older (Ages 11+) (grade school, middle school, high school incoming freshman, and beginner players) (5-9 players)

(one hour) Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members.

**Players can register for class 1-7 times a week. Sign up for multiple times a week for optimal improvement!

SPECIAL BEGINNER OLDER CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$20 discount (1 free class)

If an individual student signs up for this class three times a week, get a \$40 discount (2 free classes)

If an individual student signs up for this class four times a week, get a \$60 discount (3 free classes)

BEGINNER CLASS OLDER AGES 11+

Sundays 10:00-11:00 a.m. (ages 11+ or permission from Shannon) (12 classes) \$240

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**,
11/11 (Pre-Registration Day), 11/18

Sundays 12:00-1:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$240

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**,
11/11 (Pre-Registration Day), 11/18

Sundays 1:00-2:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$240

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% tourny**,
11/11 (Pre-Registration Day), 11/18

Sundays 2:00-3:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$240

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% tourny**,
11/11 (Pre-Registration Day), 11/18

Tuesdays 4:00-5:00 p.m. (ages 11+ or permission from Shannon) (13 classes) \$260

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13 (Pre-Registration Day), 11/20

Wednesdays 4:30-5:30 p.m. (ages 11+ or permission from Shannon) (12 classes) \$240

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31 Halloween**, 11/7,
11/14 (Pre-Registration Day), 11/21

***** Special 1.5 hour Beginner Class!**

Thursdays 6:30-8:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$360

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8 (Pre-Registration Day), 11/15

Thursdays 8:00-9:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$240

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8 (Pre-Registration Day), 11/15

Advanced Beginner Class (last season's high school freshman team, middle school players with lessons and tournament experience) (5-9 players)
(one and a half hour class) Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members.

**Players can register for class 1-3 times a week.

**Sign up for multiple times a week & the badminton fitness class for optimal improvement!

SPECIAL ADVANCED BEGINNER CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$30 discount (1 free class)

If an individual student signs up for this class three times a week, get a \$60 discount (2 free classes)

Saturdays 5:00-6:30 p.m. (11 classes) \$330

9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, **No Lesson 11/3 10% Tourny**, 11/10, 11/17

Sundays 4:00-5:30 p.m. (12 classes) \$360

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**,
11/11 (Pre-Registration Day), 11/18

Tuesdays 5:00-6:30 p.m. (13 classes) \$390

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13 (Pre-Registration Day), 11/20

Thursdays 4:00-5:30 p.m. (12 classes) \$360

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8 (Pre-Registration Day), 11/15

Intermediate Class (last season's high school junior varsity players and adults) (5-9 players)
(two hour class) Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members.

**Players can register for class 1-2 times a week.

**Sign up for multiple times a week & the badminton fitness class for for optimal improvement!

SPECIAL INTERMEDIATE CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$40 discount (1 free class)

Sundays 5:30-7:30 p.m. (12 classes) \$480

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**,
11/11 (Pre-Registration Day), 11/18

Tuesdays 7:30-9:30 p.m. (13 classes) \$520 (This class will be intermediate/advanced level)

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13 (Pre-Registration Day), 11/20

Advanced Class (last season's high school varsity players and adults) (5-9 players)
(two hour class) Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members.

**Players can register for class 1-2 times a week. Advanced players are highly encouraged to play multiple times a week & join the badminton fitness class to reach a high varsity level. Junior National Level Players are often training 5 times a week or more!

SPECIAL ADVANCED CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$40 discount (1 free class)

Sundays 7:30-9:30 p.m. (12 classes) \$480

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**,
11/11 (Pre-Registration Day), 11/18

Tuesdays 7:30-9:30 p.m. (13 classes) \$520 (This class will be intermediate/advanced level)

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13 (Pre-Registration Day), 11/20

Elite Gold Training (selected by coach) (last season's elite, state championship players & medalists, advanced players with Shannon's approval) (5-9 players) (2.5 hour class twice a week + third class is a 2 hour advanced class)
Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members. *Class Fee can be split into two payments if needed.*

This class is aimed at players looking to medal in the upcoming state championship. It will prepare these players for their high school season, the State Championships, Junior Ranking Tournaments and the 2019 Junior Nationals. Special considerations may be given for athletes who play other high school sports during their sport's season.

The 2.5 hour classes will include the 1 hour fitness class (see class description above), followed by 1.5 hours of drills and technique. We will also focus on mental training, tournament preparation, and strategy.

****2018/2019 Season Elite Gold players must make a commitment to:**

- attending at least 3 training sessions a week throughout the 2018/2019 school year except during IHSA Badminton Season (7 hrs total). This includes the two Elite Gold practices and an additional Advanced/Intermediate SPBA Class of your choice until the start of the IHSA Spring Season in March. **(extra classes beyond are highly encouraged to keep up with top level competition)**. Middle School students and boys on the team are expected to continue training this often in the spring while the girls are in the high school season.
- players are required to keep up their fitness training during the spring IHSA season so they don't get out of shape before the State Championships and the SPBA Midwest Open Regional. A Sunday class will be offered for this purpose.
- attending practices the 2 weeks after the IHSA State Championships and prior to the SPBA Midwest Open Regional 40% Ranking Tournament
- play a minimum of two of the three upcoming 10-40% local ranking tournaments (although playing three is highly encouraged)
(Nov. 3-4 OLC) (Jan. 12-13 CRC) (Feb. 23-24 OLC)
- play in at least two travel tournaments: one Open Regional tournament outside of the Midwest and Junior Nationals.
 - play in the Jan. 19-21 Southern Jr. Open Regional 40% tournament Orlando, FL (the trip is Jan 18-21) or play in the Feb. 16-18th Northwest Jr. Open Regional 40% tournament Seattle, WA (the trip is Feb 15-18)
 - play in the Junior Nationals (usually the last week of June and first week of July ~ 8-10 days)
- play in the May 25-27 SPBA Midwest Open Regional 40% Tournament at our club
- attend the Junior National Training Camp prior to Junior Nationals
- Buy uniform

Prior to participation on the Elite Gold Training, players must make a non-refundable Coaching Fee deposit of minimum \$300 (\$150 per travel tournament) for coach's expenses at the Southern Jr. Open Regionals, and the Junior Nationals or the Northwest Jr. Open Regional).

Players in this class will get to attend all open gyms at SPBA for free up until Junior Nationals! This is to encourage our elite players to log more court time for them to practice the skills they learn in class on their own.

These savings from open gym can potentially add up to \$35 a week or potentially \$1820 a year!

Elite Gold Training Fall Price:

\$720 + Price of Advanced Class + Coaching Fee Deposit

+ \$40 2018 SPBA Membership for new members

\$960 -25% discount = \$720 (More than a \$240 savings in the Fall Session)

Monday 7:00-9:30 p.m. (12 classes) \$480

8/27, **No Class 9/3 Labor Day**, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (Pre-Registration Day), 11/19

Wednesdays 7:00-9:30 p.m. (12 classes) \$480

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31 Halloween**, 11/7, 11/14 (Pre-Registration Day), 11/21

****Silver and Gold players will train together.**

Remember, Players are encouraged to train more often! Top junior national players are playing 5-7 days a week

Elite Silver Training (selected by coach) (advanced players and elite grade school and middle school players with Shannon's approval) (5-9 players) (2.5 hour class twice a week, a third class is highly recommended) Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members. Class fee can be splint into two payments if needed.

This class will prepare players for their high school season, the State Championships, Junior Ranking Tournaments and the 2019 Junior Nationals. Special considerations may be given for athletes who play other high school sports during their sport's season

The 2.5 hour classes will include the 1-hour fitness class (see class description above), followed by 1.5 hours of drills and technique. We will also focus on mental training, tournament preparation, and strategy.

****2018/2019 Elite Silver players must make a commitment to:**

- attending at least 2 training sessions a week throughout the 2018/2019 school year except during IHSA Badminton Season (5 hrs total). This includes the two Elite Silver practices until the start of the IHSA Spring Season in March. (**extra classes beyond are highly encouraged to keep up with top level competition**). Middle School students and boys on the team are expected to continue training this often in the spring while the girls are in the high school season.
- players are required to keep up their fitness training during the spring IHSA season so they don't get out of shape before Conference, Sectionals, the State Championships and the SPBA Midwest Open Regionals. A Sunday class will be offered for this purpose.
- attending the 2 weeks after the IHSA State Championships and prior to the SPBA OPEN Regional 40% Ranking Tournament
- play a minimum of two of the three upcoming 10-40% local ranking tournaments (although playing three is highly encouraged)
(Nov. 3-4 OLC) (Jan. 12-13 CRC) (Feb. 23-24 OLC)
- play in at least two travel tournaments: one Open Regional tournament outside of the Midwest and Junior Nationals.
 - play in the Jan. 19-21 Southern Jr. Open Regional 40% tournament Orlando, FL (the trip is Jan 18-21) or play in the Feb. 16-18th Northwest Jr. Open Regional 40% tournament Seattle, WA (the trip is Feb 15-18)
 - play in the Junior Nationals (usually the last week of June and first week of July ~ 8-10 days)
- play in the May 25-27 SPBA Midwest Open Regional 40% Tournament at our club
- attend the Junior National Training Camp prior to Junior Nationals
- Buy uniform

Prior to participation on the Elite Gold Training, players must make a non-refundable Coaching Fee deposit of minimum \$300 (\$150 per travel tournament) for coach's expenses at the Southern Jr. Open Regionals, the Junior Nationals and the Northwest Jr. Open Regional).

Players in this class will get to attend all open gyms at SPBA for \$2 up until Junior Nationals! This is to encourage our elite players to log more court time for them to practice the skills they learn in class on their own.

These savings from open gym can potentially add up to \$21 a week or potentially \$1092 a year!

Elite Silver Training Fall Price:

\$787 + Coaching Fee Deposit

+ \$40 2018 SPBA Membership for new members

\$960 -18% discount = \$787 (More than \$173 savings in Fall session)

Monday 7:00-9:30 p.m. (12 classes) \$480

8/27, **No Class 9/3 Labor Day**, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (Pre-Registration Day), 11/19

Wednesdays 7:00-9:30 p.m. (12 classes) \$480

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31 Halloween**, 11/7, 11/14 (Pre-Registration Day), 11/21

****Silver and Gold players will train together.**

Remember, Players are encouraged to train more often! Top junior national players are playing 5-7 days a week!

TARGET 2028 OLYMPICS:

Under 11 & Under 13 Elite Bronze Training (selected by coach) (grade school players in the U11 and U13 category with Shannon's approval) (5-9 players) (1.5 hour class twice a week + third class is an additional class time of your choice based on your current level). Price: Class Fee(s) + 2018 SPBA membership fee of \$40 for new members. *Class Fee can be split into two payments if needed.*

This class will prepare U11 and U13 players for future Junior Ranking Tournaments including the Junior Nationals. Players in this team are required to practice three days a week (two Elite Bronze team practices and an additional SPBA Class of your choice). Players in this class will get to attend all open gyms at SPBA for free up until Junior Nationals.

The weekday 1.5 hour classes will include drills, technique, and matches. We will also focus on mental training, tournament preparation, and strategic games.

****Elite Bronze players must make a commitment to:**

- attending at least 3 training sessions a week throughout the 2018/2019 school year (4-5 hrs total)
- play a minimum of two of the three upcoming 10-40% local ranking tournaments
(although playing three is highly encouraged) (Shannon may advise some young/new players to wait)
(Nov. 3-4 OLC) (Jan. 12-13 CRC), (Feb. 23-24 OLC)
- play in the May 25-27 SPBA Midwest Open Regional 40% Tournament at our club
- Buy uniform

OPTIONAL:

- play in the Jan. 19-21 Southern Jr. Open Regional 40% tournament Orlando, FL (the trip is Jan 18-21)
- play in the Feb. 16-18th Northwest Jr. Open Regional 40% tournament Seattle, WA (the trip is Feb 15-18)
- play in the Junior Nationals (usually the last week of June and first week of July ~ 8-10 days)
- attend the Junior National Training Camp prior to Junior Nationals
- If a player plans to participate in any of the three travel tournaments, players must make a non-refundable Coaching Fee deposit of \$150 per travel tournament for coach's expenses).

Players in this class will get to attend all open gyms at SPBA for free up until Junior Nationals! This is to encourage our elite players to log more court time for them to practice the skills they learn in class on their own.

These savings from open gym can potentially add up to \$35 a week or potentially \$1820 a year!

Under 11 & Under 13 Elite Bronze Training Fall Price:

\$540 + price of additional classes you choose

+ \$40 2018 SPBA Membership for new members

\$720 -25% discount = \$540 (More than \$180 savings in the Summer Session)

Monday 5:30-7:00 p.m. (12 classes) \$360

8/27, **No Class 9/3 Labor Day**, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12 (Pre-Registration Day), 11/19

Wednesdays 5:30-7:00 p.m. (12 classes) Price before discount: \$360

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31 Halloween**, 11/7, 11/14 (Pre-Registration Day), 11/21

Remember, Players are encouraged to train more often! Top junior national players are playing 5-7 days a week!

Private and Semi-Private Lessons with Coach Andres Corpancho

Private: \$80/hour

Semi-Private (2 players): \$100/hour

Semi-Private (3 or 4 players): \$120/hour

+ 2018 SPBA membership fee of \$40 for the new year.

**** Buy 10 private lessons up front and get one free!**

Coach Shannon is currently not scheduling any private lessons as she is pregnant and looking forward to soon welcoming a new badminton player to the family! Coach Andrés Corpancho Fort will be coaching all private lessons for the Fall session while Shannon is on maternity leave (except for on Sunday mornings, where we also have private lessons available with Coach JP). Shannon will be back coaching along with Coach JP and Coach Andrés in the winter session.

Coach JP has been coaching part time at the SPBA for many years and has been especially involved in coaching our elite squads at Junior National Tournaments. He was the Junior National Champion of Canada in doubles and he has coached several years at Golder College Prep and now he is the head coach of Walter Payton College Prep. His students won the Chicago City Championship every year of his tenure at both schools and he has the hardest smash around!

Coach Andrés is an 8 times Peruvian National Champion. He has won national titles in all events: Men's Singles, Men's Doubles, and Mixed Doubles, and even won the triple crown twice, an extraordinary accomplishment in badminton. He's beaten top 20 players in the world in men's singles and he was ranked 35 in the world in Mixed Doubles. He also has an extensive international coaching background working with national players from Brazil, Mexico, and Ecuador and two of his students won the Pan American Games in women's doubles and one of his students even qualified for the Olympics in singles!

Sundays:

8/26, 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, **No Class 11/4 10% Tourny**, 11/11, 11/18

7:00-8:00 a.m. **AVAILABLE WITH COACH JP**

8:00-9:00 a.m. **AVAILABLE WITH COACH JP**

9:00-10:00 a.m. **BOOKED WITH COACH JP**

9:00-10:00 a.m. **BOOKED WITH COACH ANDRÉS**

Mondays:

8/27, **No Lesson 9/3 Labor Day**, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19

3:30-4:30 p.m. **AVAILABLE WITH COACH ANDRÉS**

Tuesdays:

8/28, 9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20

3:00-4:00 p.m. **AVAILABLE WITH COACH ANDRÉS**

Wednesdays:

8/29, 9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31 Halloween**, 11/7, 11/14, 11/21

3:30-4:30 p.m. **AVAILABLE WITH COACH ANDRÉS**

Thursdays:

8/30, 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15

3:00-4:00 p.m. **AVAILABLE WITH COACH ANDRÉS**

9:00-10:00 p.m. **BOOKED WITH COACH ANDRÉS**

Fridays:

8/31, 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16

3:00-4:00 p.m. **BOOKED WITH COACH ANDRÉS**

4:00-5:00 p.m. **BOOKED WITH COACH ANDRÉS**

5:00-6:00 p.m. **BOOKED WITH COACH ANDRÉS**

Saturdays:

9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, **No Lesson 11/3 10% Tourny**, 11/10, 11/17

4:00-5:00 p.m. **BOOKED WITH COACH ANDRÉS**

6:30-7:30 p.m. **BOOKED WITH COACH ANDRÉS**

** Players can book one private or weekly private lessons.

** I often have players of a variety of levels looking for 1 to 3 more players to join a semi-private.

** Other private lesson times may open up. Call Shannon if interested or to join a waitlist for when I have cancellations

REGISTRATION

- **Online registration available here:** <http://www.shannonpohl.com/registration/>
I will confirm your registration upon receipt.
- **ONLINE REGISTRATION OR IN PESON CLASS REGISTRATION IS CONSIDERED A COMMITMENT TO PROVIDE PAYMENT FOR ENTIRE GROUP CLASS SESSION.**
- Players may sign up for any specific class any number of times a week.
- Coach Shannon must approve class level for each student. Skill level of each class may be higher than previous sessions.
- Players on elite teams and players previously enrolled have first priority registration over new students.

Payment, What to Bring, and Tournaments

- Bring to the pre-registration week or a designated registration time the total payment (cash or check) for the session of classes. Checks can be made out to "Shannon Pohl Badminton Academy."
We do not take credit cards.
- Please bring to the first class your racket (if you don't have one you can rent one for \$5 a class), water, and a small notebook. All members must fill out the 2018 waiver and registration forms here: <http://www.shannonpohl.com/pdfs/SPBAForms.pdf>
- Non-marking court shoes are strongly encouraged to avoid injuries. We sell them at the pro shop.
- Please do not wear outside shoes in the gym, as wet and dirty shoes create a safety hazard.
- Cell phone use is not allowed during classes. Players are expected to have phones put away at all times.
- **All SPBA players in advanced beginner level and above are expected to participate in SPBA Midwest Open Regionals and North Shore Open and give their best effort to participate in other local ranking tournaments.** Tournament Dates are listed on the first page of this document. You can find a list of even more tournaments compliments of Badminton Chicago at: www.tinyurl.com/bcactivities and sanctioned tournaments at usabadminton.org
- Questions? Feel free to call Shannon at 847-722-8857.
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Cancellation Policy

- Online, phone, and in person registration is considered a commitment to participate in and pay for class session or private lesson. Payment is due at the latest at the time of the first class.
- If cancelation of group lesson occurs 24 hours before the first class starts, you may receive a full refund or not owe any payment. If cancelation occurs less than 24 hours before your first class, you are responsible for payment for the first class. If cancelation occurs less than 24 hours before the second class, you are responsible for the price of the current session.
- **24-hour notice is required for cancelation of any lesson.** Refunds are not provided for group lessons and make-up classes are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancelation and if there is open space in another day's group lesson during the same session. Less than 24 hours notice will be considered a no-show, and constitutes loss of lesson fee. Emergency cancellations will be handled on an individual basis.
- For semi-private lessons with 2-4 players –if a player doesn't show up, or gives less than 24 hour notice for a cancelation that players is still responsible for their portion of the lesson fee and will not be rescheduled.
- Failure to attend a lesson constitutes loss of lesson fee and will not be rescheduled.