

Shannon Pohl Badminton Academy Summer Session

720 Corporate Woods Parkway • Vernon Hills, IL • 847-722-8857

2020 Badminton Events:

Date TBD–Spring 2020

SPBA Grand Opening/11 Year Anniversary Party

SPBA, Vernon Hills, IL

<http://www.shannonpohl.com/>

Date TBD–2020

North Shore Open

SPBA, Vernon Hills, IL

All Ages Tournament

Entry deadline TBD

<http://www.shannonpohl.com/>

DATE TBD–2020

Parent–Child Badminton Tournament

SPBA, Vernon Hills, IL

All Ages Tournament

Entry deadline TBD

<http://www.shannonpohl.com/>

2020 Membership (required for all students):

\$100 per year for an individual

\$180 per year for 2 family members residing together

\$250 per year for 3 or more family members residing together

Open Gym is currently suspended right now due to COVID-19 regulations.

Instead, we are offering 2-hour court rentals.

\$40 for 2-hour court rental for members.

\$50 for 2-hour court rental for non-members.

**Court Rental means you have your court rented for you and your group's use only. /
No sharing required or rotating needed.*

***All court rentals and classes in the summer session will end
10 minutes early to ensure time to exit the building safely
before the next group.**

Private Lessons & Group Class Times:

Membership to the Shannon Pohl Badminton Academy is required for class participation. Annual Student Membership for 2020 is \$100 per year (see above for family memberships), including a t-shirt and free coaching at select Jr. National Ranking Tournaments. New student members will also get a SPBA water bottle! Members will enjoy open gym pricing at \$5 per person instead of \$10 per person. There will also be special membership pricing on other activities throughout the year.

****Please read the registration and cancelation policy on the last page of this document. ****

Younger Beginner Class (Ages 6-10) (grade school players) (5-10 players per coach) (one hour)
Price: Class Fee(s) + 2020 SPBA membership fee of \$100 (or family membership) for new members

**Players can register 1-5 classes per week. Sign up for multiple times a week for optimal improvement!

SPECIAL SUMMER YOUNGER BEGINNER (Ages 6-10) CLASS DEAL:

Due to COVID-19 State Regulations, NO MAKEUPS WILL BE PERMITTED IN THE SUMMER SESSION.

If you are sick or having symptoms, DO NOT COME TO CLASS!

We have pre-built in free classes for you (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.

The more classes you sign up for, the more discounts you will get. And if you have perfect attendance, then please enjoy your bonus free classes!

If an individual student signs up for this class once a week, get a \$20 discount

If an individual student signs up for this class twice a week, get a \$50 discount

If an individual student signs up for this class three times a week, get a \$80 discount

If an individual student signs up for this class four times a week, get a \$110 discount

Monday 4:30-5:30 p.m. (ages 6-10) (8 classes) \$160
6/22, 6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10

Tuesdays 1:00-2:00 p.m. (ages 6-10) (8 classes) \$160
6/23, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11

Thursdays 4:30-5:30 p.m. (ages 6-10) (7 classes) \$140
6/25, 7/2, 7/9, 7/16, 7/23, 7/30, 8/6

Fridays 11:00 a.m.-12:00 p.m. (ages 6-10) (7 classes) \$140
6/26, 7/3, 7/10, 7/17, 7/24, 7/31, 8/7

Sundays 1:30-2:30 p.m. (ages 6-10) (7 classes) \$140
No 6/21, 6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9

Older Beginner Class (Ages 11+) (grade school, middle school, high school incoming freshman, players who made the freshman school team in 2020 and didn't get to carry out their season, and beginner players) (5-10 players per coach) (one and half hour classes)

Price: Class Fee(s) + 2020 SPBA membership fee of \$100 (or family membership) for new members

**Players can register for 1-8 classes per week. Sign up for multiple times a week for optimal improvement!

SPECIAL SUMMER OLDER BEGINNER (Ages 11+) CLASS DEAL:

Due to COVID-19 State Regulations, NO MAKEUPS WILL BE PERMITTED IN THE SUMMER SESSION.

If you are sick or having symptoms, DO NOT COME TO CLASS!

We have pre-built in free classes for you (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.

The more classes you sign up for, the more discounts you will get. And if you have perfect attendance, then please enjoy your bonus free classes!

If an individual student signs up for this class once a week, get a \$30 discount

If an individual student signs up for this class twice a week, get a \$75 discount

If an individual student signs up for this class three times a week, get a \$105 discount

If an individual student signs up for this class four times a week, get a \$135 discount

Monday 11:00-12:30 p.m. (ages 11+ or permission from Shannon) (8 classes) \$240
6/22, 6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10

Tuesdays 4:00-5:30 p.m. (ages 11+ or permission from Shannon) (8 classes) \$240
6/23, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11

Wednesdays 2:30-4:00 p.m. (ages 11+ or permission from Shannon) (7 classes) \$210
6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5

Thursdays 11:00-12:30 p.m. (ages 11+ or permission from Shannon) (7 classes) \$210
6/25, 7/2, 7/9, 7/16, 7/23, 7/30, 8/6

Saturday 3:30-5:00 p.m. (ages 11+ or permission from Shannon) (7 classes) \$210
6/27, 7/4, 7/11, 7/18, 7/25, 8/1, 8/8

Sundays 2:30-4:00 p.m. (ages 11+ or permission from Shannon) (7 classes) \$210
No 6/21, 6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9

Advanced Beginner Class (2019 season's high school freshman team, 2020's season high school JV team, middle school players with lessons and tournament experience) (5-10 players per coach) (one and a half hour class)

Price: Class Fee(s) + 2020 SPBA membership fee of \$100 (or family membership) for new members

**Players can register for 1-5 classes per week. Sign up for multiple times a week for optimal improvement!

SPECIAL SUMMER ADVANCED BEGINNER CLASS DEAL:

Due to COVID-19 State Regulations, NO MAKEUPS WILL BE PERMITTED IN THE SUMMER SESSION.

If you are sick or having symptoms, DO NOT COME TO CLASS!

We have pre-built in free classes for you (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.

The more classes you sign up for, the more discounts you will get. And if you have perfect attendance, then please enjoy your bonus free classes!

If an individual student signs up for this class once a week, get a \$30 discount

If an individual student signs up for this class twice a week, get a \$75 discount

If an individual student signs up for this class three times a week, get a \$105 discount

If an individual student signs up for this class four times a week, get a \$135 discount

Monday 3:00-4:30 p.m. (8 classes) \$240
6/22, 6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10

Tuesdays 11:00 a.m.-12:30 p.m. (8 classes) \$240
6/23, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11

Wednesdays 4:00-5:30 p.m. (7 classes) \$210
6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5

Thursdays 3:00-4:30 p.m. (7 classes) \$210
6/25, 7/2, 7/9, 7/16, 7/23, 7/30, 8/6

Sundays 4:00-5:30 p.m. (7 classes) \$210
No 6/21, 6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9

Intermediate/Advanced Class (2019's season high school junior varsity, varsity players, and advanced players)
(5-10 players per coach) (two hour class)

Price: Class Fee(s) + 2020 SPBA membership fee of \$100 (or family membership) for new members

**Players can register for class 1-2 classes per week.

**Sign up for multiple times a week for optimal improvement! Top High School & Junior National Players are often training 5 times a week or more!

SPECIAL SUMMER INTERMEDIATE/ADVANCED CLASS DEAL:

Due to COVID-19 State Regulations, NO MAKEUPS WILL BE PERMITTED IN THE SUMMER SESSION.

If you are sick or having symptoms, DO NOT COME TO CLASS!

We have pre-built in free classes for you (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.

The more classes you sign up for, the more discounts you will get. And if you have perfect attendance, then please enjoy your bonus free classes!

If an individual student signs up for this class once a week, get a \$40 discount

If an individual student signs up for this class twice a week, get a \$100 discount

Wednesdays 12:30-2:30 p.m. (7 classes) \$280
6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5

Fridays 3:30 -5:30 p.m. (7 classes) \$280
6/26, 7/3, 7/10, 7/17, 7/24, 7/31, 8/7

Adult Class (5-10 players per coach) (two-hour class)

Price: Class Fee(s) + 2020 SPBA membership fee of \$100 (or family membership) for new members

SPECIAL SUMMER ADULT CLASS DEAL:

Due to COVID-19 State Regulations, NO MAKEUPS WILL BE PERMITTED IN THE SUMMER SESSION.

If you are sick or having symptoms, DO NOT COME TO CLASS!

We have pre-built in free classes for you (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.

If you have perfect attendance, then please enjoy your bonus free classes!

If an individual student signs up for this class once a week, get a \$40 discount

Tuesdays 7:30-9:30 p.m. (8 classes) \$320
6/23, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11

Senior and Junior Elite Teams (selected by coach) (5-18 players per team-No more than 10 with each coach, separated by 30 feet) (2-hour class four times a week)

Price: Class Fee(s) + 2020 SPBA membership fee of \$100 (please see family prices as well)

Class Fee can be split into two payments if needed.

Due to COVID-19 State Regulations, NO MAKEUPS WILL BE PERMITTED IN THE SUMMER SESSION.

If you are sick or having symptoms, DO NOT COME TO CLASS!

We have pre-built in many free classes for the elite team (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.

If you have perfect attendance, then please enjoy your bonus free classes!

This class is aimed at players looking for a year-round training program to compete in Junior Ranking Tournaments, the High School State Championships, and the Junior Nationals. Special considerations may be given for athletes who play other high school sports during their sport's season. The 2 hour classes will include speed, strength, and overall fitness training. It will also include drills, technique and match play. We will also focus on mental training, tournament preparation, and strategy.

****2020/2021 Senior and Junior Elite players must make a commitment to:**

- attend 3-4 training sessions a week (4 is highly encouraged to stay competitive) throughout the 2020/2021 school year until the Junior Nationals in the summer. Exception is IHSA players during season.
- play all four 10-40% local ranking tournaments during the 2020/2021 school year
(Coaches may advise some young/new players to wait)
(Dates TBD once USA Badminton decides it's safe to have tournaments again.
We don't know when that will be.)
- High School players competing on their high school teams are required to keep up their fitness training during the spring IHSA season so they don't get out of shape before the State Championships and the SPBA Midwest Open Regional. Weekend instructional classes fitting within the IHSA Rules and Regulations will be offered for this purpose. They also must pay for and attend practices the 2 weeks after the IHSA State Championships and prior to the SPBA Midwest Open Regional 40% Ranking Tournament
- Buy uniform

OPTIONAL:

- 2 travel tournaments TBD once USA Badminton decides it's safe to have tournaments again
- play in the Junior Nationals (usually the last week of June and first week of July ~ 8-10 days)
- attend the Junior National Training Camp prior to Junior Nationals
- If a player plans to participate in any of the three travel tournaments, players must make a non-refundable Coaching Fee deposit of \$150 per travel tournament for coach's expenses.

RULES:

- if late for class, extra physical exercises
- bring towel, pre-filled big water bottle, notebook, pen or pencil, extra t-shirt and socks to class
- must buy tournament quality badminton shoes and have 2 rackets
- no jeans to play
- arrive 10 minutes early to change into your badminton shoes BEFORE class begins
- Long hair must be tied up

SENIOR OR JUNIOR ELITE SUMMER PRICE:

FOUR TIMES A WEEK:

\$870 + 2020 SPBA membership fee of \$100 (or family prices) for new members

\$1160 - 25% discount = \$870 (\$290 savings in the Summer Session)

THREE TIMES A WEEK:

\$840 - \$880 + 2020 SPBA membership fee of \$100 (or family prices) for new members

(280+280+280) = \$840 - 15% discount = \$714 (\$126 savings in the Summer Session)

(280+280+320) = \$880 - 15% discount = \$748 (\$132 savings in the Summer Session)

SENIOR ELITE TIMINGS:

Tuesdays 9:00 a.m.-11:00 a.m. (8 classes) \$320
6/23, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11

Thursdays 9:00-11:00 a.m. (7 classes) \$280
6/25, 7/2, 7/9, 7/16, 7/23, 7/30, 8/6

Saturday 11:00 a.m. -1:00 p.m. (7 classes) \$280
6/27, 7/4, 7/11, 7/18, 7/25, 8/1, 8/8

Sundays 11:00 a.m. -1:00 p.m. (7 classes) \$280
No 6/21, 6/28, 7/5, 7/12, 7/19, 7/26, 8/2, 8/9

JUNIOR ELITE TIMINGS:

Monday 9:00-11:00 a.m. (8 classes) \$320
6/22, 6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10

Wednesdays 9:00-11:00 a.m. (7 classes) \$280
6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5

Fridays 9:00-11:00 a.m. (7 classes) \$280
6/26, 7/3, 7/10, 7/17, 7/24, 7/31, 8/7

Saturday 1:30 -3:30 p.m. (7 classes) \$280
6/27, 7/4, 7/11, 7/18, 7/25, 8/1, 8/8

Coach Shannon is the former top ranked singles player for USA. She has represented Team USA in four world championships and was ranked top 69 in the world in women's singles. She was also a bronze medalist in the Pan Am Championships. She is the highest certified High Performance Coach in the Midwest Region and the winner of the USA Badminton Developmental Coach of the Year Award and one of three finalists for the United States Olympic Committee Developmental Coach of the Year Award. She also has coached several times for Team USA. **Shannon is currently on maternity leave but will have private lessons available to book soon!**

Coach Andrés is an 8 times Peruvian National Champion. He has won national titles in all events: Men's Singles, Men's Doubles, and Mixed Doubles, and even won the triple crown twice, an extraordinary accomplishment in badminton. He's beaten top 20 players in the world in men's singles and he was ranked 35 in the world in Mixed Doubles. He also has an extensive international coaching background working with national players from Brazil, Mexico, and Ecuador and two of his students won the Pan American Games in women's doubles and one of his students even qualified for the Olympics in singles!

Coach Clay is currently ranked 9th in men's doubles and 21st in men's singles in the United States as of March 2020. He also placed third place in the 2019 US Pan Am Team Trials. He has trained and coached under two of Shannon's most influential coaches in her career, one who was a World Champion from Indonesia and one who was a coach of Peter Gade's (formerly World #1 in Men's Singles) from Denmark. He comes to the SPBA from California, where he has had a lot of experience coaching players of all ages and abilities from high school players, to young beginners to Junior National level club players.

Private and Semi-Private Lessons

Private: \$80/hour

Semi-Private (2 players): \$100/hour

Semi-Private (3 or 4 players): \$120/hour

+ 2020 SPBA membership fee of \$100 (please see family prices as well)

** Buy 10 private lessons up front and get one free!

ALL PRIVATE LESSONS WILL END 5 MINUTES EARLY FOR THE SAFETY OF THE NEXT GROUP

Sunday:

6/21 only—Get a jumpstart before the session begins!

5:30-6:30 p.m. AVAILABLE WITH COACH CLAY
6:30-7:30 p.m. AVAILABLE WITH COACH ANDRÉS
6:30-7:30 p.m. AVAILABLE WITH COACH CLAY
7:30-8:30 p.m. AVAILABLE WITH COACH ANDRÉS
7:30-8:30 p.m. AVAILABLE WITH COACH CLAY
8:30-9:30 p.m. AVAILABLE WITH COACH ANDRÉS
8:30-9:30 p.m. AVAILABLE WITH COACH CLAY

Mondays

6/22, 6/29, 7/6, 7/13, 7/20, 7/27, 8/3, 8/10

1:00-2:00 p.m. AVAILABLE WITH COACH ANDRÉS
1:00-2:00 p.m. AVAILABLE WITH COACH CLAY
2:00-3:00 p.m. AVAILABLE WITH COACH ANDRÉS
2:00-3:00 p.m. AVAILABLE WITH COACH CLAY

Tuesdays

6/23, 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, 8/11

2:00-3:00 p.m. AVAILABLE WITH COACH ANDRÉS
2:00-3:00 p.m. AVAILABLE WITH COACH CLAY
3:00-4:00 p.m. AVAILABLE WITH COACH ANDRÉS
3:00-4:00 p.m. AVAILABLE WITH COACH CLAY

Wednesdays

6/24, 7/1, 7/8, 7/15, 7/22, 7/29, 8/5

11:00-12:00 p.m. AVAILABLE WITH COACH ANDRÉS
11:00-12:00 p.m. AVAILABLE WITH COACH CLAY

Thursdays

6/25, 7/2, 7/9, 7/16, 7/23, 7/30, 8/6

1:00-2:00 p.m. AVAILABLE WITH COACH ANDRÉS
1:00-2:00 p.m. AVAILABLE WITH COACH CLAY
2:00-3:00 p.m. AVAILABLE WITH COACH ANDRÉS
2:00-3:00 p.m. AVAILABLE WITH COACH CLAY

Fridays

6/26, 7/3, 7/10, 7/17, 7/24, 7/31, 8/7

12:30-1:30 p.m. AVAILABLE WITH COACH ANDRÉS
12:30-1:30 p.m. AVAILABLE WITH COACH CLAY
1:30-2:30 p.m. AVAILABLE WITH COACH ANDRÉS
1:30-2:30 p.m. AVAILABLE WITH COACH CLAY
2:30-3:30 p.m. AVAILABLE WITH COACH ANDRÉS
2:30-3:30 p.m. AVAILABLE WITH COACH CLAY

Saturday 1:30 -3:30 p.m. (7 classes) \$280

6/27, 7/4, 7/11, 7/18, 7/25, 8/1, 8/8

5:00-6:00 p.m. AVAILABLE WITH COACH ANDRÉS
5:00-6:00 p.m. AVAILABLE WITH COACH CLAY

** Players can book one private or weekly private lessons.

** Other private lesson times may open up. Call Shannon if interested or to join a waitlist for when I have cancellation

REGISTRATION

- **Online registration available here:** <http://www.shannonpohl.com/registration/>
I will confirm your registration upon receipt.
- **ONLINE REGISTRATION OR IN PERSON CLASS REGISTRATION IS CONSIDERED A COMMITMENT TO PROVIDE PAYMENT FOR ENTIRE GROUP CLASS SESSION.**
- Players may sign up for any specific class any number of times a week.
- Coaches must approve class level for each student. Skill level of each class may be higher than previous sessions.
- Players on elite teams and players previously enrolled have first priority registration over new students.

Payment, What to Bring, and Tournaments

- Please pay via zelle pay /Chase Quickpay to badminton@shannonpohl.com if possible for touchless transactions. If not possible you may pay cash or check on the first day.
- Please bring to the first class your racket (if you don't have one you can rent one for \$5 a class, plus \$2 for an overgrip for sanitary reasons), water, and a small notebook. All members must fill out the waiver and registration forms here: <http://www.shannonpohl.com/pdfs/SPBAForms.pdf>
As well as the new COVID waiver here: http://www.shannonpohl.com/pdfs/SPBA_COVID-19_Waiver.pdf
- Non-marking court shoes are required in the new facility. We sell them at the pro shop. Shoes worn outside are not permitted on courts, as wet and dirty shoes create a safety hazard. Shoe rentals are suspended at this time due to COVID-19.
- Cell phone use is not allowed during classes. Players are expected to have phones put away at all times.
- All SPBA players in elite teams are expected to participate in all Jr. National Ranking Tournaments. All players Advanced Beginner level and above are expected to give their best effort to participate in North Shore Open and other recommended local tournaments. Tournament Dates are listed on the first page of this document. You can find a list of even more tournaments compliments of Badminton Chicago at: www.tinyurl.com/bcactivities and sanctioned tournaments at usabadminton.org
- Questions? Feel free to call Shannon at 847-722-8857.

Cancellation Policy

- Online, phone, and in person registration is considered a commitment to participate in and pay for class session or private lesson. Payment is due at the latest at the time of the first class.
- If cancelation of group lesson occurs 24 hours before the first class starts, you may receive a full refund or not owe any payment. If cancelation occurs less than 24 hours before your first class, you are responsible for payment for the first class. If cancelation occurs less than 24 hours before the second class, you are responsible for the price of the current session.
- **24-hour notice is required for cancelation of any private lesson.** Refunds are not provided for group lessons. Make-ups are not permitted in the summer session due to Covid-19 State Safety requirements. **If you are sick or having symptoms, DO NOT COME TO CLASS.** We have pre-built in free classes for you (in the form of discounts) for the summer session so you don't have to worry if you miss a class. Extra classes missed beyond this will be lost except for in emergency circumstances.
- Less than 24-hours notice will be considered a no-show, and constitutes loss of lesson fee. Emergency cancellations will be handled on an individual basis.
- For semi-private lessons with 2-4 players –if a player doesn't show up, or gives less than 24 hour notice for a cancelation that players is still responsible for their portion of the lesson fee and will not be rescheduled.
- Failure to attend a lesson constitutes loss of lesson fee and will not be rescheduled.