

Shannon Pohl Badminton Academy Fall Session

720 Corporate Woods Parkway • Vernon Hills, IL • 847-821-6948

2024 Membership (required for all students)

~~\$440~~ **now only \$55** starting Sept 5th per remainder of calendar year for an individual
~~\$200~~ **now only \$100** per remainder of calendar year for 2 family members residing together
~~\$275~~ **now only \$137** per remainder of calendar year for 3 or more family members residing together

Open Gym:

\$5 for members per each 2-hour session

\$12 for non-members per each 2-hour session

Please see full up to date schedule here:

<https://www.shannonpohl.com/badminton-open-gym/>

Court Reservations:

For members: \$20 for 1-hour court rental, 7-day advance booking

For non-members: \$30 for 1-hour court rental, 3-day advance booking

** More than 4 players for a court rental are an extra \$5 per player per hour, maximum 6 per reservation*

*** Court rentals mean you have your court rented for you and your group's use only.
No sharing required or rotating needed.*

2024 Upcoming Badminton Events This Session:

10/5/24-10/6/24

North Shore Open

SPBA, Vernon Hills, IL

11/23/24-11/24/24

Open Local Championships (OLC)

Woodridge, IL

Group Class Times:

Membership to the Shannon Pohl Badminton Academy is required for class participation. Annual Student Membership for 2024 is ~~\$110~~ **now only \$55** (see above for family memberships). New student members will also get an SPBA T-shirt and water bottle! Members will enjoy open gym pricing at \$5 per person instead of \$12 per person, as well as special membership pricing on court rentals, league entry, and special events.

****Please read the registration and cancellation policy on the last page of this document****

*****NEW!!!*** Badminton Fitness Class** (Highly recommended for Elite Team players, but this is great to combine with all level classes. Ages 10 and up)

Located at Vernon Hills Athletic Complex (VHAC) Track/Football Field. Rain-outs at SPBA. We will run together to VHAC through the baseball fields from SPBA. We will focus on badminton-specific fitness training – running (largest focus), intervals, jumping, plyometrics, and footwork to build speed, strength, and cardiovascular fitness. Bring lots of water and hand towels to class, and appropriate clothes for the weather. Running shoes and stopwatch/phone timer required.

*Participation in badminton fitness class twice a week is strongly recommended for optimal improvement in fitness level.

Wednesdays 4:30-5:30 (13 classes) \$169

9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27

Mondays 4:30-5:30 (12 classes) \$156

No Class 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 11/25

Younger Beginner Class (Ages 6-10) (grade school players) (5-10 players per coach)(one hour)

Price: Class Fee(s) + 2024 SPBA Membership fee of ~~\$110~~ **now only \$55** (or family membership) for new members

****Sign up multiple times a week for optimal improvement!**

MAKEUP POLICY:

We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the [online make-up form](#) (telling a coach of your absence is not considered giving notice as coaches do not manage the schedules). Less than 24 hours of notice will be considered a no-show and constitutes in loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your make-ups earlier in the session as space gets more limited at the end of the session. Make-ups will not be scheduled until the 2nd week of classes. **If you are sick or having symptoms, DO NOT COME TO CLASS!**

SPECIAL FALL BEGINNER YOUNGER CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$22 discount per session

If an individual student signs up for this class three times a week, get a \$44 discount per session

If an individual student signs up for this class four times a week, get a \$66 discount per session

Tuesdays 6:30-7:30 p.m. (ages 6-10) (13 classes) \$286

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Wednesdays 6:30-7:30 p.m. (ages 6-10) (13 classes) \$286

9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27

Thursdays 5:30-6:30 p.m. (ages 6-10) (11 classes) \$242

9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31**, 11/7, 11/14, 11/21, **No Class 11/28**

Fridays 4:30-5:30 p.m. (ages 6-10) (12 classes) \$264

9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, **No Class 11/29**

Sundays 1:00-2:00 p.m. (ages 6-10) (12 classes) \$264

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, **No Class 12/1**

Older Beginner Class (Ages 11+) (grade school, middle school, high school incoming freshmen, and beginner players) (5-10 players per coach) (one hour or one and a half hour classes)

Price: Class Fee(s) + 2024 SPBA Membership fee of \$440 **now only \$55** (or family membership) for new members

****Sign up multiple times a week for optimal improvement!**

MAKEUP POLICY:

We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the [online make-up form](#) (telling a coach of your absence is not considered giving notice as coaches do not manage the schedules). Less than 24 hours of notice will be considered a no-show and constitutes a loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your make-ups earlier in the session as space gets more limited at the end of the session. Make-ups will not be scheduled until the 2nd week of classes. **If you are sick or having symptoms, DO NOT COME TO CLASS!**

SPECIAL FALL BEGINNER OLDER CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$22-\$33 discount per session

If an individual student signs up for this class three times a week, get a \$44-\$66 discount per session

If an individual student signs up for this class four times a week, get a \$66-\$99 discount per session

Tuesdays 4:00-5:00 p.m. (ages 11+ or permission from Shannon) (13 classes) \$286

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Tuesdays 7:30-8:30 p.m. (ages 11+ or permission from Shannon) (13 classes) \$286

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Tuesdays 8:30-9:30 p.m. (ages 11+ or permission from Shannon) (13 classes) \$286

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Wednesdays 4:00-5:30 p.m. (ages 11+ or permission from Shannon) (13 classes) \$429 ****1.5-hour class**

9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27

Thursdays 6:30-8:00 p.m. (ages 11+ or permission from Shannon) (11 classes) \$363 ****1.5-hour class**

9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31**, 11/7, 11/14, 11/21, **No Class 11/28**

Thursdays 8:00-9:30 p.m. (ages 11+ or permission from Shannon) (11 classes) \$363 ****1.5-hour class**

9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31**, 11/7, 11/14, 11/21, **No Class 11/28**

Saturdays 1:00-2:30 p.m. (ages 11+ or permission from Shannon) (12 classes) \$396 ****1.5-hour class**

9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, **No Class 11/30**

Sundays 2:00-3:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$264

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, **No Class 12/1**

Sundays 3:00-4:00 p.m. (ages 11+ or permission from Shannon) (12 classes) \$264

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, **No Class 12/1**

Advanced Beginner Class (*top of last season's high school freshman team & lower and middle of JV team, middle school players with lessons and tournament experience*) (5-10 players per coach) (one and a half hour class)

Price: Class Fee(s) + 2024 SPBA Membership fee of ~~\$110~~ **now only \$55** (or family membership) for new members

***Sign up multiple times a week for optimal improvement!*

MAKEUP POLICY:

We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the [online make-up form](#) (telling a coach of your absence is not considered giving notice as coaches do not manage the schedules). Less than 24 hours of notice will be considered a no-show and constitutes a loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your make-ups earlier in the session as space gets more limited at the end of the session. Make-ups will not be scheduled until the 2nd week of classes.

If you are sick or having symptoms, DO NOT COME TO CLASS!

SPECIAL FALL ADVANCED BEGINNER CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$33 discount per session

If an individual student signs up for this class three times a week, get a \$66 discount per session

Tuesdays 5:00-6:30 p.m. (13 classes) \$429

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Thursdays 8:00-9:30 p.m. (11 classes) \$363

9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, **No Class 10/31**, 11/7, 11/14, 11/21, **No Class 11/28**

Saturdays 4:00-5:30 p.m. (11 classes) \$363

9/7, 9/14, 9/21, 9/28, **No Class 10/5 North Shore Open**, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, **No Class 11/30**

Sundays 4:00-5:30 p.m. (11 classes) \$363

9/8, 9/15, 9/22, 9/29, **No Class 10/6 North Shore Open**, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, **No Class 12/1**

Intermediate/Advanced Class (*last season's high school top of junior varsity & varsity players*)
(5-10 players per coach) (two hour class)

Price: Class Fee(s) + 2024 SPBA Membership fee of ~~\$140~~ **now only \$55** (or family membership) for new members

****Sign up multiple times a week for optimal improvement!**

Junior National level players are often training 5 times a week or more! If you'd like to do more than 2 days a week, talk to us and we can discuss options!

MAKEUP POLICY:

We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the [online make-up form](#) (telling a coach of your absence is not considered giving notice as coaches do not manage the schedules). Less than 24 hours of notice will be considered a no-show and constitutes a loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your make-ups earlier in the session as space gets more limited at the end of the session. Make-ups will not be scheduled until the 2nd week of classes. **If you are sick or having symptoms, DO NOT COME TO CLASS!**

SPECIAL FALL INTERMEDIATE/ADVANCED CLASS DEAL:

If an individual student signs up for this class twice a week, get a \$44 discount per session

Wednesdays 7:30-9:30 p.m. (13 classes) \$572

9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27

Sundays 7:30-9:30 p.m. (12 classes) \$528

9/8, 9/15, 9/22, 9/29, 10/6, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, 11/24, **No Class 12/1**

Adult Class (Beginner Adults & Intermediate/Advanced Adults)

(5-10 players per coach) (one and a half hour class)

Price: Class Fee(s) + 2024 SPBA Membership fee of ~~\$140~~ **now only \$55** (or family membership) for new members

MAKEUP POLICY:

We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the [online make-up form](#) (telling a coach of your absence is not considered giving notice as coaches do not manage the schedules). Less than 24 hours of notice will be considered a no-show and constitutes a loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your make-ups earlier in the session as space gets more limited at the end of the session. Make-ups will not be scheduled until the 2nd week of classes. **If you are sick or having symptoms, DO NOT COME TO CLASS!**

Tuesdays 6:30-8:00 p.m. (13 classes) \$429 Beginner Adults

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Tuesdays 8:00-9:30 p.m. (13 classes) \$429 Intermediate to Advanced Adults

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12, 11/19, 11/26

Junior and Senior Elite Teams (selected by coach) (5-20 players per team—5-10 players per coach) (2 hour class three to four times a week) (Class Fee can be split into two payments if needed)
Price: Class Fee(s) + 2024 SPBA Membership fee of ~~\$140~~ **now only \$55** (or family membership) for new members

This class is for players making a year-round commitment to the highest level training program to prepare for and compete in Junior National Ranking Tournaments, the high school state championships, and the Junior Nationals. Special considerations may be given for athletes who play other high school sports during their sport's season. The 2-hour class will include speed, strength, and overall fitness training. It will also include drills, technique, and match play. We will also focus on mental training, tournament preparation, and strategy.

MAKEUP POLICY:

We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and are not guaranteed. Make-up classes are only permitted if there was 24 hours notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the [online make-up form](#) (telling a coach of your absence is not considered giving notice as coaches do not manage the schedules). Less than 24 hours of notice will be considered a no-show and constitutes a loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your make-ups earlier in the session as space gets more limited at the end of the session. Make-ups will not be scheduled until the 2nd week of classes. **If you are sick or having symptoms, DO NOT COME TO CLASS!**

****2024/2025 Senior and Junior Elite players MUST make a commitment to:**

- attend 3-4 training sessions a week (4 is highly encouraged to stay competitive) throughout the 2024/2025 school year until the Junior Nationals in the summer. Exception is IHSA players during season
- play any local 10%-40% local ranking tournaments during the 2024/2025 school year (Coaches may advise some young/new players to wait)

Required tournament schedule for all elite team players

10/5/24-10/6/24 - North Shore Open Tournament in Vernon Hills (All ages)

11/23/24-11/24/24 - Open Local Championships in Woodridge (15% ranking points)

pending...1/11/25- 1/12/25- MBA Midwest Closed Regionals in Vernon Hills (All ages historical tournament)

1/25/25-1/26/25 - Closed Regional Championships (OLC) in Schaumburg (15% ranking points)

5/24/25-5/26/25 - Open Regional Championships (ORC) in Vernon Hills (50% ranking points)

- High school players competing on their high school teams are required to attend one lesson once a week during the IHSA season so they don't get out of shape before the State Championships and the SPBA Midwest Open Regional. Weekend classes fitting within the IHSA Rules and Regulations will be offered for this purpose. They also must pay for and attend practices the 2 weeks after the IHSA State Championships and prior to the SPBA Midwest Open Regional 50% Ranking Tournament
- Buy uniform

OPTIONAL:

- **play in other region's Open Regional Tournaments, we usually go to 1-2 a year**
(Official Dates for 2024-2025 TBD- usually every 3 day holiday weekend)
- play in the 2025 Junior Nationals (one week tournament around the 4th of July - Attend the Junior National Training Camp prior to Junior Nationals (practice may be hosted in June pending the number of players attending Jr. Nationals)
- If a player plans to participate in any of the three travel tournaments, players must make a non-refundable coaching fee of \$150 per travel tournament for coach's expenses

RULES:

- Must buy tournament quality badminton shoes and have 2 rackets
- Arrive 10 minutes early to change into your badminton shoes **BEFORE** class begins
- Bring towel, pre-filled big water bottle, notebook, pen or pencil, extra t-shirt, and socks
- No jeans to play, long hair must be tied up

SENIOR & JUNIOR ELITE FALL PRICE

FOUR TIMES A WEEK:

\$1452 or \$1485 + 2024 SPBA Membership Fee of ~~\$440~~ now only \$55 (or family fee) for new members

Jr. Elite: \$1936 - 25% discount = \$1452 (\$484 savings in the Fall Session)

Sr. Elite: \$1980 - 25% discount = \$1485 (\$495 savings in the Fall Session)

THREE TIMES A WEEK:

\$1197 – \$1309 + 2024 SPBA Membership Fee of ~~\$440~~ now only \$55 (or family fee) for new members

*(\$528 + \$440 + \$440) = \$1408 – 15% discount = **\$1197** (\$211 savings this Fall Session)*

*(\$572 + \$440 + \$440) = \$1452 – 15% discount = **\$1234** (\$218 savings this Fall Session)*

*(\$528 + \$528 + \$440) = \$1496 – 15% discount = **\$1272** (\$224 savings this Fall Session)*

*(\$572 + \$528 + \$440) = \$1540 – 15% discount = **\$1309** (\$231 savings this Fall Session)*

JUNIOR ELITE TIMINGS:

Fridays 5:30-7:30 p.m. (12 classes) \$528

9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, **No Class 11/29**

**** NEW TIME!!!** Saturdays 11:00-1:00 p.m. (10 classes) \$440

9/7, 9/14, 9/21, 9/28, **No Class 10/5 North Shore Open**, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, **No Class 11/23 OLC tournament, No Class 11/30**

Sundays 5:30-7:30 p.m. (10 classes) \$440

9/8, 9/15, 9/22, 9/29, **No Class 10/6 North Shore Open**, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, **No Class 11/24 OLC tournament, No Class 12/1**

Mondays 5:30-7:30 p.m. (12 classes) \$528

No Class 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 11/25

SENIOR ELITE TIMINGS:

Wednesdays 5:30-7:30 p.m. (13 classes) \$572

9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27

Fridays 7:30-9:30 p.m. (12 classes) \$528

9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/22, **No Class 11/29**

**** NEW TIME!!!** Saturdays 5:30-7:30 p.m. (10 classes) \$440

9/7, 9/14, 9/21, 9/28, **No Class 10/5 North Shore Open**, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, **No Class 11/23 OLC tournament, No Class 11/30**

Sundays 11:00-1:00 p.m. (10 classes) \$440

9/8, 9/15, 9/22, 9/29, **No Class 10/6 North Shore Open**, 10/13, 10/20, 10/27, 11/3, 11/10, 11/17, **No Class 11/24 MBC tournament, No Class 12/1**

Private and Semi-Private Lessons

Private: \$90/hour
Semi-Private (2 players): \$112/hour
Semi-Private (3 or 4 players): \$132/hour

With Junior Coaches:
Private: \$70/hr
Semi-Private (2 players): \$88/hr
Semi-private (3 or 4 players): \$102/hr

+ 2024 SPBA membership fee of ~~\$140~~ **now only \$55** (or family membership) for new members
** Buy 10 private lessons up front and get one free

Coach Shannon is the former top ranked singles player for the USA. She has represented Team USA in four world championships and was ranked top 69 in the world in women's singles. She was also a bronze medalist in the Pan Am Championships. She is the highest certified High-Performance Coach in the Midwest Region and the winner of the USA Badminton Developmental Coach of the Year Award and one of three finalists for the United States Olympic Committee Developmental Coach of the Year Award. She is the highest certified coach in the Midwest with a Level 2 Badminton World Federation Coach Certification. She also has coached several times for Team USA throughout the PanAmerican Zone

Coach Jimmy is originally from Indonesia, where badminton is the national sport. As an 11-year-old, he left his family to go train full time in badminton while going to school. He has represented Indonesia, Switzerland, and the United States in international competitions including winning two international titles, one in men's singles and one in men's doubles. He also represented the United States in the Sudirman Cup (the World Mixed Team Championships) with his men's doubles partner Halim Haryanto (former World Champion in Men's Doubles, also from Indonesia). Between 2001 and 2003 he won a string of national tournaments across the country, including the Boston Open where he beat two National Champions and the 2000 Olympic Gold Medalist on his way to earning the title. Jimmy was formerly the #1 ranked men's singles player in the United States. Jimmy comes to the SPBA after coaching over 8 years at two of the most prestigious clubs in the country in Northern California, coaching everything from beginners to international players. He recently is the recipient for the prestigious Ken Davidson Award.

Coach Emily is a Badminton World Federation Certified Level 1 Coach. She has been actively involved in the SPBA in all aspects for over a decade and she has been coaching for 4 years at all levels. Emily studied both Counseling and Health Psychology and has a passion for helping and inspiring others. She was formerly an IHSA State Championship qualifier and is an active player in the Midwest area.

Jr. Coach Neha is a senior in high school and is one of the top members of our Senior Elite Team, placing in the Top 8 in IHSA State Championships in girls singles the past 2 years. She has been coaching over a year at the SPBA for both group and private lessons.

Jr. Coach Anvi is a senior in high school and is one of the top members of our Senior Elite Team. She is the 2023 IHSA State Champion in girls doubles and the 2024 IHSA State Runner-Up in girls doubles and she has been a part of two IHSA State Champion Teams and one Runner-Up Team.

*Depending on what times fill up, there are many potential timings we could arrange for private lessons for you! There are some ideas of times we know we have available, but if you are looking for a specific day or a specific coach, please let us know and we will do our best to accommodate you!

**If a time or coach is in high demand, private lesson priority goes to those currently enrolled in private lessons, elite team members, and players training multiple times a week.

Tuesdays:

9/3, 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22, 10/29 (Jimmy unavailable), 11/5, 11/12, 11/19, 11/26
3:00-4:00 p.m. AVAILABLE WITH COACH JIMMY
3:00-4:00 p.m. AVAILABLE WITH COACH
4:00-5:00 p.m. BOOKED WITH COACH JIMMY
5:00-5:30 p.m. AVAILABLE WITH COACH
5:30-6:30 p.m. BOOKED WITH COACH
6:30-7:30 p.m. BOOKED WITH COACH
6:30-7:30 p.m. PENDING WITH COACH JIMMY
6:30-7:30 p.m. PENDING WITH COACH EMILY
7:30-8:30 p.m. BOOKED WITH COACH JIMMY
8:30-9:30 p.m. BOOKED WITH COACH JIMMY

Wednesdays:

9/4, 9/11, 9/18, 9/25, 10/2, 10/9, 10/16, 10/23, 10/30 (Jimmy unavailable), 11/6, 11/13, 11/20, 11/27
2:45-3:45 p.m. BOOKED WITH COACH Jimmy
3:00-4:00 p.m. AVAILABLE WITH COACH
5:30-6:30 p.m. BOOKED WITH COACH
7:30-8:30 p.m. BOOKED WITH COACH SHANNON
7:30-8:30 p.m. BOOKED WITH COACH
8:30-9:30 p.m. BOOKED WITH COACH
8:30-9:30 p.m. AVAILABLE WITH COACH SHANNON

Thursdays:

9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, No Class 10/31, 11/7, 11/14, 11/21, No Class 11/28
3:30-4:30 p.m. BOOKED WITH COACH
4:30-5:30 p.m. BOOKED WITH COACH
6:00-7:00 p.m. AVAILABLE WITH Jr. COACH ANVI
7:00-8:00 p.m. BOOKED WITH JR. COACH ANVI

Fridays:

9/6, 9/13, 9/20 (some coaches unavailable), 9/27, 10/4, 10/11, 10/18, 10/25, 11/1 (Jimmy unavailable),
11/8, 11/15, 11/22, No Class 11/29
3:30-4:30 p.m. AVAILABLE WITH COACH
4:30-5:30 p.m. BOOKED WITH COACH

Saturdays:

9/7, 9/14, 9/21 (some coaches unavailable), 9/28, No Class 10/5 North Shore Open, 10/12, 10/19, 10/26,
11/2 (Jimmy unavailable), 11/9, 11/16, 11/23 (Jimmy unavailable OLC tournament), No Class 11/30
9:00-10:00 a.m. AVAILABLE WITH COACH JIMMY
10:00-11:00 a.m. BOOKED WITH COACH JIMMY
10:00-11:00 a.m. BOOKED WITH COACH
12:00-1:00 p.m. BOOKED WITH JR. COACH NEHA
1:00-2:00 p.m. BOOKED WITH JR. COACH NEHA
1:00-2:00 p.m. BOOKED WITH COACH JIMMY
2:00-3:00 p.m. AVAILABLE WITH JR. COACH NEHA
2:00-3:00 p.m. BOOKED WITH COACH JIMMY
2:30-3:30 p.m. BOOKED WITH COACH

3:00-4:00 p.m. AVAILABLE WITH JR. COACH NEHA
4:00-5:00 p.m. AVAILABLE WITH JR. COACH NEHA
4:30-5:30 p.m. BOOKED WITH COACH

Sundays:

9/8, 9/15, 9/22 (some coaches unavailable), 9/29, No Class 10/6 North Shore Open, 10/13, 10/20, 10/27,
11/3 (Jimmy unavailable), 11/10, 11/17, 11/24 (Jimmy unavailable OLC tournament), No Class 12/1
1:00-2:00 p.m. BOOKED WITH COACH JIMMY
1:00-2:00 p.m. PENDING WITH COACH EMILY
4:00-5:00 p.m. BOOKED WITH COACH

Mondays:

No Class 9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28 (Jimmy unavailable), 11/4, 11/11, 11/18,
11/25
4:30-5:30 p.m. BOOKED WITH COACH JIMMY
7:30-8:30 p.m. BOOKED WITH COACH JIMMY
7:30-8:30 p.m. BOOKED WITH COACH SHANNON
8:30-9:30 p.m. BOOKED WITH COACH JIMMY
8:30-9:30 p.m. BOOKED WITH COACH SHANNON
9:30-10:30 p.m. BOOKED WITH COACH JIMMY

REGISTRATION

- **Online registration available here:** <http://www.shannonpohl.com/registration/>
- **Online registration or in person class registration is considered a commitment to provide payment for entire group class session.**
- Players may sign up for any specific class any number of times a week.
- Coaches must approve class level for each student. Class skill level may be higher than previous sessions.
- Players on elite teams and players previously enrolled have first priority registration over new students.

PAYMENT, WHAT TO BRING, AND TOURNAMENTS

- Bring to the pre-registration week or a designated registration time the total payment (we take Zelle pay/Chase Quickpay to badminton@shannonpohl.com, cash, or check) for the session of classes. Checks can be made out to "Shannon Pohl Badminton Academy." **We do not take credit cards.**
- Please bring to the first class your racket (rackets must be a 1-piece, carbon fiber racket; if you don't have one, you can rent one for \$5 a class, plus \$2 for a new overgrip for sanitary reasons), water, and a small notebook. All members must fill out the waiver and registration forms here: <http://www.shannonpohl.com/pdfs/SPBAForms.pdf>.
- Non-marking court shoes are required in the new facility. We sell them at the pro shop if needed. Shoes worn outside are not permitted on courts, as wet and dirty shoes create a safety hazard. Shoes can be rented from the pro shop for \$5, and are sanitized between uses.
- Cell phone use is not allowed during classes. Players are expected to have phones put away at all times.
- Normally, all SPBA players in elite teams are expected to participate in all Jr. National Ranking Tournaments. All players Advanced Beginner level and above are expected to give their best effort to participate in the North Shore Open and other recommended local tournaments. Tournament dates are listed on the first page of this document. You can find a list of even more tournaments compliments of Badminton Chicago at www.tinyurl.com/bcactivities and sanctioned tournaments at usabadminton.org.
- Questions? Feel free to call Shannon at 847-722-8857.

CANCELLATION POLICY

- Online, phone, and in person registration is considered a commitment to participate in and pay for the class session or private lesson. Payment is due at the latest at the time of the first class.
- If cancellation of a group lesson occurs 24 hours before the first class starts, you may receive a full refund or not owe any payment. If cancellation occurs less than 24 hours before your first class, you are responsible for payment for the first class. If cancellation occurs less than 24 hours before the second class, you are responsible for the price of the current session.
- **24-hour notice is required for cancellation of any lesson. Refunds are not provided for group lessons.**
- We will allow 2 make-up classes per class you are enrolled in the session. Extra classes missed beyond this will be lost except for in emergency circumstances. These make-ups are subject to availability and not guaranteed. Make-up classes are only permitted if there was 24 hours of notice of the cancellation and if there is open space in another day's group lesson during the same session. All cancellations and make-up scheduling must be in writing through the online make-up form (telling a coach of your absence is not considered giving notice as coaches don't manage the schedules). Less than 24 hours of notice will be considered a no-show, and constitutes loss of lesson fee. Emergency cancellations will be handled on an individual basis. We recommend you do your makeups earlier in the session as space gets limited in the end of the session. Make-ups will not be scheduled until the 2nd week of classes.
- **If you are sick and having symptoms, DO NOT COME TO CLASS.**
- Less than 24 hours of notice will be considered a no-show and constitutes loss of lesson fee. Emergency cancellations will be handled on an individual basis.
- For semi-private lessons with 2-4 players: if a player doesn't show up or gives less than 24 hours of notice for a cancellation, that player is still responsible for their portion of the lesson fee and will not be rescheduled.
- Failure to attend a lesson constitutes loss of lesson fee and will not be rescheduled.